

## THE TOP 5 EUTINNET GOALS

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EUTINNET – European Tinnitus Network,  
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[www.eutinnet.org](http://www.eutinnet.org)



### 1. TRANSFER KNOWLEDGE

1. Sharing information on current research projects
2. Sharing information about patient service and experiences with the respective counselling services related to
  - a. work of your self-help groups
  - b. patients workshops, conferences ...
  - c. podcasts, blogs, social media and apps
  - d. helpline, hotline, webchat
  - e. prevention and information material and publications



### 2. BUILD BRIDGES

1. Encouraging communication between patients and research
2. Including more insights into patients' wishes and expectations when setting up new research projects



### 3. CONDUCT JOINT SCIENTIFIC STUDIES AND COLLECT PATIENT DATA

1. Developing a pan-European patient database based on a patient survey according to TBF-12 amongst others (available and validated in several European languages)



### 4. DEVELOP JOINT COMMUNICATIONS PROJECTS

1. Launching awareness campaigns around selected "world days" and special events, such as Tinnitus Week, World Hearing Day, International Day against Noise, International Children's Day, World Day of the Elderly, World Mental Health Day, World Day of People with Disabilities, etc.
2. Sharing campaigns via social media



### 5. ENCOURAGE PERSONAL NETWORKING

1. Exchanging information and experiences by organising annual network meetings
2. Developing and updating a digital knowledge database, jointly and continuously